

Office of the Divisional Directors (Medical &  
Nursing/Midwifery)  
Women and Children's Division

Ground Floor  
Women and Children's Division  
Lyell McEwin Hospital  
Haydown Road  
ELIZABETH VALE SA 5112  
Tel: 08 8182 9306  
Fax: 08 8182 9337

**Re: Routine Glucose Screening at 24-28 weeks**

Due to the current Coronavirus (COVID-19) pandemic, we have amended our guidelines for the diabetes screening test (Glucose Tolerance Test) in pregnancy. This is in line with nationwide recommendations and aimed to reduce your waiting time, maintain social distancing and mitigate the risk of community spread of COVID-19.

Under the changes you will only need to have a fasting blood glucose (one blood test) rather than waiting 2 hours for a second test.

All other routine tests advised at 28 weeks of pregnancy, such as Haemoglobin, Blood group and antibody screen, iron studies, Vitamin D level can still be taken at the same time.

**Please present this letter to the Pathology staff along with your original blood request form when you attend your routine glucose tolerance test (GTT).**

Regards,

Dr Martin Ritossa  
Divisional Director (Medical) - Women and Children's Division  
**NORTHERN ADELAIDE LOCAL HEALTH NETWORK**

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